



## **Volunteer Peer Facilitator**

### **Position Description**

**The Caregiver Support Program offers education sessions, network groups, information and consultation related to the emotional and practical aspects of caregiving. The program serves people caring for an adult friend or family member with a physical or cognitive condition. The Peer Support Worker will provide practical, emotional, educational support to a small group of caregivers. As a Peer Facilitator, you will share knowledge, personal experience and expertise to assist caregivers in a supportive and/or educational manner.**

**Reports to: Coordinator, Caregiver Program**

### **Time Commitment**

- **The Peer Facilitator will commit to small group facilitation based on their areas of personal passion and expertise.**
- **An ability to commit for a minimum of 6 months would be preferable, however, it is acceptable to commit to the duration of the group process as applicable (example, 8 week bereavement group).**

### **Skill & Education Requirements**

- **Provide emotional support through active and empathetic listening**
- **Possess patience, good communication skills, good discernment, and discretion**
- **Established facilitation skills (participation in FCBC Support Group Facilitation training)**
- **An identified area of passion/expertise and the ability to translate this into educational and/or support group sessions**
- **An interest in meeting new people and helping them to connect with services in the community**
- **Capacity to appreciate the various challenges and stresses of the caregiving role**
- **Ability to converse comfortably**
- **Reliable and committed**
- **Ability to participate in orientation and ongoing training**

**Familiarity with North Shore services is an asset.**

**Language Requirements: S=SPEAK    R=READ    W=WRITE  
Able to speak and read English. Another language would be an asset.**

### **Criminal Records Check Requirements**

**Criminal Record Check through Ministry of Justice.**



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### **References**

- 1. The first step would be to meet with the Coordinator, Caregiver Program.**
- 2. Provide one other reference (character or personal).**